

NAME: _____

DATE: _____

YOU are a Million Dollar Racehorse. If you owned a Million Dollar Racehorse how would you treat it? You wouldn't shove fast food down its throat or cause it to be sleep deprived...and you'd make sure it got the best trainers, best tracks, and best everything. If you treat yourself any other way, you are likely setting yourself up to fail. Take a look at your business and life and ask, how can I build:

E.L.F. ENVIRONMENT?

E.L.F. CONNECTIONS?

E.L.F. SELF-CARE?