Genius Network® Fun Time Tool

Finding time for fun and rejuvenation is critical for living a good & healthy life.
Use this tool to identify what "fun" times are for you, and how to have more of those times.



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People I Have Fun With	(Family, friends, community of	groups, etc)	
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My Fun List (M/L at in fam fam			
My Fun List (What is fun for in What I enjoy doing	With myself or others	How often I've done this in the	How often I want to do this in the
what renjoy doing	with mysell or others	last 6 months	next 6 months
OBSTACLES that keep me fr	rom having more fun.	SOLUTIONS to overcome	these obstacles.
Fun Action Plan: Actions to	o take to create more Fun T	imes in the next 90 days.	